



Drug Free Schools and Campuses Act Biennial Review Summary 2015-2016

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Introduction to Drug-Free Schools & Campuses Regulations and Compliance Guidelines

The Drug-Free School and Communities Act Amendments of 1989, Public Law 101-226, requires that, as a condition of receiving funds or any other form of financial assistance under any deferral program, and institution of higher education (IHE), state education agency (SEA), or local educational agency (LEA) must certify that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

In order to be able to certify its compliance with the regulations, an IHE such as Texas State Technical College (TSTC), must adopt and implement a drug prevention program that includes the following:

1. Annually notify each employee and student, in writing, of standards of conduct; a description of appropriate sanctions for violation of federal, state, and local law and campus policy; a description of health risks associated with alcohol and other drug (AOD) use; and a description of available treatment programs.
2. Develop a sound method for distributing annual notification information to every student and staff member each year.
3. Prepare a biennial review on the effectiveness of its AOD programs and the consistency of sanction enforcement.
4. Maintain its biennial review on file, so that, if requested to do so by the U.S. Department of Education, the campus can submit it.

The law further requires that the institution conduct a biennial review of its program with the following objectives:

- Determining the effectiveness of the policy and implementing changes to the alcohol and other drug programs if they are needed; and
- To ensure that the sanctions developed are enforced consistently.

Drug & Alcohol Awareness

Texas State Technical College (TSTC) is a drug-free and alcohol-free college and workplace. The unlawful manufacture, distribution, purchase, dispensation, possession or use of an illegal drug or alcohol by students and employees on college property, or as a part of any college-sponsored activity, is prohibited. Students violating any provision of the drug and alcohol policies are subject to disciplinary sanctions ranging from suspension to referral for prosecution. Employees who violate any provision of the drug and alcohol policies may be subject to disciplinary action up to termination. Information regarding drug and alcohol problems, as well as referral services, is available in the TSTC Support Services Office and for employees, the Human Resource Office.

Alcohol and Drug Use

Drug and alcohol use, misuse, and abuse are complex behaviors with many outcomes at both the cultural and the individual levels. Awareness of the dangerous effects of drug/alcohol use is imperative for an individual's well-being or survival. Negative consequences of drug/alcohol may be exhibited through: physical dependence (the body's learned requirement of a drug for functioning) or psychological dependence (the experiencing of persistent craving for the drug and/or a feeling the drug/alcohol is a requirement for functioning).

Abuse of any drug/alcohol whether licit or illicit may result in marginal to marked, temporary to permanent physical and/ or psychological damage, even death. Since many of the illicit drugs are manufactured and sold illegally, their content varies and may contain especially harmful ingredients or amounts. Regardless of the types of drug/alcohol utilized, a perceived need for the continued use is likely to ensue, resulting in dependence. Dependence on drugs and/or alcohol alters the user's psychological functioning. The acquisition of drugs and alcohol becomes the primary focus of the drug dependent individual and often results in reduced job performance and jeopardized family and other interpersonal relationships. Criminal behavior is frequently the means for financing a drug habit. Behavior patterns often include violence and assault as the individual becomes increasingly drug/alcohol dependent. Social and psychological alienation and medical problems increase as the abuser becomes entrapped in drug/alcohol dependence.

Drug/alcohol counseling and referrals are available in the Support Services Office.

Student Code of Conduct

The Student Code of Conduct details the rules and regulations for students and student organizations. Disciplinary action may be imposed on a student whose conduct violates the Code. It can be found in the TSTC Catalog and Student Handbook:

[Texas State Technical College Catalog & Student Handbook 2016-2017](#)

Current Policies

ES 3.08 [Drug Free Schools, Campuses & Workplace](#)

ES 3.05 [Alcohol and Drug Possession Use](#)

Updates to TSTC's Biennial Reporting Process As a Result of Single Accreditation

Texas State Technical College has been operating under one single accredited college as of July 2015. The biennial DFSCA report is based on efforts for all legacy and satellite campuses across the state.

Previously, each campus would conduct its own efforts independently. Currently, most efforts have been unified amongst all campuses. This has proven to be an effective way to ensure compliance statewide and promote drug and alcohol awareness equally.

The DFSCA statewide committee has encountered major changes since its formation. Due to changes in employees and closure of Counseling and Health Services, many new members have been appointed. This has caused a delay in the committee meetings.

Statement of AOD Goals

- Align statewide strategies for developing a substance free living environment on all TSTC campuses to promote healthy, responsible lifestyle choices and ensure accountability.
- Promote resources for drug and alcohol education, intervention, and rehabilitation through programs, events, and individualized outreach:
 - Promote the use of Humana Student Assistance Program (SAP) to provide drug and alcohol counseling
 - Educate students, employees, and faculty about drugs and alcohol, including institutional and federal regulations, the health risks of abuse, and options for support and rehabilitation
 - Educate faculty on how to identify behaviors which may be influenced by drugs or alcohol and how to appropriately respond
- Document compliance efforts and base future efforts on best practices guidelines.
- Establish periodic review of policies and actions needed to comply with institutional and federal regulations while meeting the unique needs of each campus.

Increase collaboration between departments and campuses to promoting responsible behaviors related to alcohol and drug use more effectively meet AOD goals. With the closure of the Counseling and Health Services, Support Services has been promoting drug and alcohol awareness on all campuses.

Current and Future Strategies

The 2015-2016 (last report was comprised of 2013-2015 strategies) reporting period for this DFSCA report utilized a blend of individual, group, and campus level interventions.

Several campus partners play key roles in enforcing TSTC drug and alcohol policies, as well as providing alcohol and drug awareness education and support efforts to the entire campus community. Historic information on attendance figures and learning outcomes for drug and alcohol programming is available in annual reports from each area.

Individual approaches have included one-on-one intervention and guidance by health, counseling, conduct, law enforcement, and affiliated supportive staff (Health and Counseling closure effective August 31, 2016). These interventions may include education on the health consequences of AOD use; confidential screening, individual counseling, and group therapy to provide emotional support for circumstances that may prompt AOD use as a coping mechanism; conduct redirection in the case of violations of the Student Code of Conduct; and applicable correction by law enforcement personnel. Overall health promotion and substance abuse support programs are delivered through

a number of departments, including Support Services, Student Life and Engagement. Counseling and psychological services are available to faculty employees through the Employee Assistance Program (EAP). As of September 1, 2016, Counseling and Health Services have been dissolved but the efforts have been continued by Support Services.

Environmental approaches used by TSTC staff have included media campaigns, educational events, driving safety awareness events, and guidance into applicable rehabilitative support groups. All events are alcohol-free, which encourages the “normalization” of alcohol- and drug-free behaviors. These approaches strive to galvanize the campus community to generate structural and system changes that will reduce or prevent AOD use, a tactic used in conjunction with persuading individuals to modify their behavior while supporting them with the resources to successfully do so.

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Current Policies, Sanctions, and Supportive Resources

Policies and Statements

Standards of conduct prohibiting the unlawful possession, use, or distribution of drugs or alcohol:

1. “Drug and Alcohol” page of TSTC Website
2. “Drug & Alcohol” page on TSTC Portal
3. Student Catalog & Handbook (Student Code of Conduct)
4. Employee Drug and Alcohol Abuse and Prevention Awareness pamphlet(s)

Applicable Sanctions

1. SOS 3.08 Drug Free School Campuses and the Workplace
2. Campus Awareness & Campus Security Report
3. Student Code of Conduct (located in the Student Catalog & Handbook)
 - a. Possible Alcohol Sanctions (found on page 45 of Handbook)
 - i. Probation
 - ii. Online alcohol education course
 - iii. Workshops
 - iv. Removal from campus living facilities
 - v. Suspension
 - vi. Expulsion
 - b. Possible Drug Sanctions (found on page 45 of Handbook)
 - i. Probation
 - ii. Online alcohol education course
 - iii. Workshops
 - iv. Removal from campus living facilities
 - v. Suspension
 - vi. Expulsion
4. Possible legal sanctions-MIP/PI/DUI/Possession

Health Risks Associated with Alcohol and Drug Usage

1. Employee Drug and Alcohol Abuse and Prevention and Awareness pamphlet
2. Information pamphlets at the Student Health Services
3. Student Handbook
4. SOS 3.08 Drug Free School Campuses and the Workplace

Drug Alcohol Counseling, Treatment, or Rehabilitation Programs

1. Employee Drug and Alcohol Abuse and Prevention and Awareness pamphlet
2. Student Handbook
3. Various pamphlets available at the Support Services Office related to alcohol and drug usage.
4. Counseling, workshops, online courses, and external referrals for further treatment available.

5. Annual Rally for Wellness and other “health oriented” events.
6. 3rd Millennium Classrooms (Under the Influence and Marijuana 101)

Campus Interventions 2015-2016

The following list of events group together the strategic initiatives of all varieties grouped together according to campus. Future strategies will be planned and executed based upon a holistically blended approach customized to the needs of each TSTC location and its student population.

Date	Description	Participants
Harlingen/ Ft. Bend		
February 19, 2015	Love is Not Abuse	47
March 2015	Spring Break Conference	452
March 11, 2015	Real Effects of Drunk Driving Presentation	65
March 11, 2015	The Dangers of Traveling Into Mexico Presentation	132
March 11, 2015	Let’s Talk About Safe Sex Presentation	78
March 11,2015	Drunk Driving Loteria (MADD) / X Out Addiction Kick-Off	130
March 11, 2015	DWEyes Obstacle Course	47
July 1, 2015	July 4 th Drunk Driving Loteria (MADD)	20
July 28, 2015	World Hepatitis Day	22
	General drug and alcohol counseling	144
October 2015	Red Ribbon Week	
September 16, 2015	Rally for Wellness Expo	385
October 2015	Collegiate Drug & Alcohol Awareness Week	397
October 26, 2015	Consequences of Drug & Alcohol Use Presentation	24
October 27, 2015	Alcohol Screening and Informational Booth	110
October 28, 2015	Watch Ur BAC Drunk Driver Simulator and Information Booth	229
October 29, 2015	DWEyes Obstacle Course for Housing Students	34
October 30, 2015	NINOS Say No To Drugs Parade	132
February 16, 2016	Love is Not Abuse	31
March 2016	Study Hard Play Smart Spring Break Conference	463
March 9, 2016	The Dangers of Traveling into Mexico Presentation	25
March 9, 2016	Let’s Talk About Safe Sex Presentation	81
March 9, 2016	Drunk Driving Loteria	64
March 9, 2016	DWEyes Obstacle Course	21
March 10, 2016	Substance Abuse Screen Table and Information	200+
March 11, 2016	Real Effects of Drunk Driving Presentation	64
March 1, 2016	Fort Bend: Real Effects of Drunk Driving Presentation	8
June 29, 2016	July 4 th Summer Safety Event/ Drunk Driving Loteria/ Obstacle Course	20
April 5, 2016	New Student Orientation- Departmental Presentation	
May 17, 2016	New Student Orientation- Departmental Presentation	
June 9, 2016	New Student Orientation- Departmental Presentation	
June 25, 2016	New Student Orientation- Departmental Presentation	
July 7, 2016	New Student Orientation- Departmental Presentation	
July 16, 2016	New Student Orientation- Departmental Presentation	
July 28, 2016	New Student Orientation- Departmental Presentation	

August 9, 2016	New Student Orientation- Departmental Presentation	
August 13, 2016	New Student Orientation- Departmental Presentation	
Hutto		
August 20, 2015	New Student Orientation - Departmental Presentation	
January 14, 2016	New Student Orientation- Departmental Presentation	
April 2016	College Preview Day- Departmental Presentation	
April 21, 2016	Drug & Alcohol Awareness Booth	
June 16, 2016	Health & Wellness Fair	
August 18, 2016	New Student Orientation- Departmental Presentation	
March 10, 2016	Tech 1100- Departmental Presentation	
North Texas		
August 28, 2015	New Student Orientation- Departmental Presentation	
November 24, 2015	Time Out Tuesday- Departmental Presentation	
December 15, 2015	New Student Orientation- Departmental Presentation	
February 9, 2016	Time Out Tuesday- Departmental Presentation	
April 8, 2016	New Student Orientation- Departmental Presentation	
April 12, 2016	Time Out Tuesday- Departmental Presentation	
April 2016	College Preview Day- Departmental Presentation	
June 14, 2016	Health & Wellness Fair	
August 25, 2016	New Student Orientation- Departmental Presentation	
March 3, 2016	Tech 1100- Departmental Presentation	
Spring and Fall 2015	Health Fair	
Waco		
January 7, 2015	New Student Orientation- Departmental Presentation	
January 10, 2016	New Student Orientation- Departmental Presentation	
January 13, 2015	New Student Orientation- Departmental Presentation	
January 14, 2015	New Student Orientation- Departmental Presentation	
April 29, 2015	New Student Orientation- Departmental Presentation	
May 6, 2015	New Student Orientation- Departmental Presentation	
May 9, 2016	New Student Orientation- Departmental Presentation	
July 15, 2015	New Student Orientation- Departmental Presentation	
July 22, 2015	New Student Orientation- Departmental Presentation	
July 24, 2015	New Student Orientation- Departmental Presentation	
July 29, 2015	New Student Orientation- Departmental Presentation	
August 5, 2015	New Student Orientation- Departmental Presentation	
August 12, 2015	New Student Orientation- Departmental Presentation	
August 14, 2015	New Student Orientation- Departmental Presentation	
August 19, 2015	New Student Orientation- Departmental Presentation	
August 26, 2015	New Student Orientation- Departmental Presentation	
August 29, 2015	New Student Orientation- Departmental Presentation	
August 31, 2015	New Student Orientation- Departmental Presentation	
September 1, 2015	New Student Orientation- Departmental Presentation	
September 2, 2015	New Student Orientation- Departmental Presentation	
December 9, 2015	New Student Orientation- Departmental Presentation	
December 18, 2015	New Student Orientation- Departmental Presentation	
January 9, 2016	New Student Orientation- Departmental Presentation	
July 6, 2016	New Student Orientation- Departmental Presentation	

July 13, 2016	New Student Orientation- Departmental Presentation
July 20, 2016	New Student Orientation- Departmental Presentation
July 22, 2016	New Student Orientation- Departmental Presentation
August 3, 2016	New Student Orientation- Departmental Presentation
August 10, 2016	New Student Orientation- Departmental Presentation
August 12, 2016	New Student Orientation- Departmental Presentation
August 17, 2016	New Student Orientation- Departmental Presentation
February 20, 2015	Tech 1100- Departmental Presentation
March 17, 2015	Tech 1100- Departmental Presentation
June 16, 2015	Tech 1100- Departmental Presentation
June 29, 2015	Tech 1100- Departmental Presentation
October 6, 2015	Tech 1100- Departmental Presentation
February 22, 2016	Tech 1100- Departmental Presentation
February 23, 2016	Tech 1100- Departmental Presentation
February 25, 2016	Tech 1100- Departmental Presentation
February 26, 2016	Tech 1100- Departmental Presentation
February 29, 2016	Tech 1100- Departmental Presentation
March 1, 2016	Tech 1100- Departmental Presentation
March 2, 2016	Tech 1100- Departmental Presentation
January 2015	Purple Thursday: Stalking Awareness
February 10, 2015	It's On Us Booth
March 18, 2015	DFSCA Task Force Meeting
March 27-28, 2015	College Preview / Open House- Departmental Presentation
April 8, 2015	Spring Health Fair
April 8, 2015	Dia Techsana
June 10, 2015	Drug, Alcohol, Sexual Assault & Domestic Violence Awareness Day
August 29, 2015	Move In Day- Departmental Presentation
September 3, 2015	Fall Health Fair in North Texas
September 2015	Drug & Alcohol Assessments
November 24, 2015	Time-Out Tuesday- Departmental Presentation
October 5, 2015	National Night Out- Departmental Presentation
October 15, 2015	Alcohol Awareness Program
October 2015	Drug & Alcohol Awareness Support Groups
November 2015	Drug & Alcohol Assessments and Support Groups
December 2015	Drug & Alcohol Assessments and Support Groups
December 2015	Drug & Alcohol Counseling Sessions
March 9, 2016	Spring Break Safety Conference: Drug & Alcohol Awareness
February 2016	Drug & Alcohol Counseling Sessions
March 2016	Drug & Alcohol Counseling Sessions
March 9, 2016	Spring Break Safety Conference- Drug & Alcohol Awareness
March 23, 2016	Drug & Alcohol Presentation
April 2016	College Preview
April 2016	Drug & Alcohol Counseling Sessions
June 8, 2016	Drug & Alcohol Awareness Booth

Abilene/ Sweetwater/ Breckenridge/ Brownwood	
January 25, 2015	Happiness 101 Workshop
January 27, 2015	Fair- TABC
February 16, 2015	What is Love?
February 17, 2015	Drug & Alcohol Coalition meeting: Campus Security
March 9, 2015	“Kicking Butts” Fight Against Tobacco
March 23, 2015	Mind, Body, Soul
March 31, 2015	Health Fair
April 20, 2015	Overcoming Addictions
May 20, 2015	Informational Fair TABC & ETCADA
August 14, 2015	Wellness Visit
June 2015	Safe-a-Life- Big Country Region TXDoT
September 10, 2015	Substance Abuse Presentation
September 19, 2015	Wellness Wednesday- Departmental Presentation
September 21, 2015	Wellness Wednesday- Departmental Presentation
October 2015	Collegiate Drug & Alcohol Awareness Week
October 2, 2015	Development Day- Departmental Presentation
January 2016	MADD booths
February 2, 2016	Drug & Alcohol Awareness Event
February 29, 2016	Wellness Check- Departmental Presentation
March 2016	Spring Break Safety Conference- Drug & Alcohol Awareness
April 20, 2016	Drug & Alcohol Awareness Presentation
June 2, 2016	Drug & Alcohol Awareness Presentation
Marshall	
November 16, 2015	Drug & Alcohol Awareness: Let’s Talk About Life
March 1, 2016	Rally for Wellness
March 8-9, 2016	Spring Break Safety Conference: Drug & Alcohol Awareness
June 28, 2016	Summer Safety Event: Drug & Alcohol Awareness

Ongoing education:

- Waco Housing Department institutes periodic online drug and alcohol training for RAs/CAs and provides education during hall meetings each semester
- Education available in Employee Orientation pamphlet and Employee Assistance Program
- Educational pamphlets are available in Student Recreation Center. Risk management training providing annually for advisors and Presidents of student clubs.
- Individual and group therapy options offered by Counseling Department. Group meetings held on first and third Wednesdays for FY 2015 only.
- Humana Student Assistance Program offered to all students who need Drug & Alcohol Counseling.
- 3rd Millennium Classrooms (Under the Influence and Marijuana 101) online education course for students to be found in violation of Statewide Operating Standards (SOS) and College Policies
- Office of Rights and Responsibilities presents on Community Expectations to Housing New Student Orientation, housing building meetings, and New Student Orientation

Statewide Efforts

As TSTC campuses begin to fill current vacant positions, the DFSCA committee will meet independently. This committee will include a representative from each legacy campus and will serve to enhance DFSCA compliance efforts across the state of Texas by improving communication, pooling knowledge and resources, and fostering improved processes toward DFSCA goals. Additionally, the committee will evaluate future TSTC AOD prevention and education efforts that fully comply with the DFSCA requirements.

DFSCA Statewide Committee Members – 2015-2016:

- Elizabeth Silva, Executive Director of Student Support Services, Harlingen
- Patty Flores, Coordinator of Support Services, Harlingen
- Tara Odom, Coordinator of Support Services, Waco
- Misty Walden, Director of Support Services, West Texas
- Annette Ellis, Director of Student Services, Marshall
- Terry Blankenship, HOD Specialist, West Texas
- James Fickens, Director of Student’s Rights and Responsibilities Waco
- Jan Osborn, Executive Director of Creative Services, Waco
- Brian Davis, Chief of Police, Waco
- Amanda Warren, Director of Student Services, North Texas
- Georgeann Calzada, Director of Student Services, Fort Bend
- Daniel Latham, Instructor, West Texas

Student Violation Statistics

F14/SP15/SU15 Alcohol Violation

F14/SP15/SU15 Drug Violation

Cleared	7	Cleared	5
Warned	6	Warned	11
Alcohol Awareness Course	57	Drug Awareness Course	55
Probation	52	Probation	37
Suspended	0	Suspended/Expelled	12
Discipline Hold	4	Discipline Hold	3

F15/SP16/SU16 Alcohol Violation**F15/SP16/SU16 Drug Violation**

Cleared	3	Cleared	2
Warned	2	Warned	0
Alcohol Awareness Course	29	Drug Awareness Course	28
Probation	33	Probation	34
Suspended	3	Suspended/Expelled	3
Discipline Hold	2	Discipline Hold	0

Alcohol cases totaled 43: Sept 1, 2015-Aug 31, 2016

Drug Cases totaled 39: Sept 1, 2015- August 31, 2016

Campus	Alcohol	Drug
Marshall	11	3
West Texas	3 (Sweetwater)	1
Harlingen	8	14
Ft. Bend	0	0
North Texas	0	0
Waco	21	21

Summary of AOD Program's Strengths and Weaknesses

Strengths:

- Uniform Statewide efforts
- Prevention efforts embedded in New Student and Campus Housing Orientations
- 3rd Millennium Classrooms (Under the Influence and Marijuana 101) online education courses available
- Collaborations between various departments and outside agencies for continuous efforts
- Strong and vigilant enforcement by TSTC Police

Weaknesses:

- Lack of DFSCA Committee meetings
- Closure of Counseling & Health Services terminated the on campus Living in Balance curriculum
- There is minimal faculty involvement with the AOD education and prevention efforts

- Lack of climate survey data about the current AOD education and prevention efforts

Recommendations

1. Conduct DFSCA Committee meetings twice a year
2. Formulate student survey to measure the effectiveness of current drug and alcohol awareness
3. Review distribution processes for annual notifications to students and staff
4. Encourage faculty to incorporate AOD education and prevention efforts into their curriculum
5. Use digital signage to provide notices, awareness, and events to students and staff

Summary

In compliance with the Drug Free Schools and Campuses Act (“DFSCA”), the aforementioned report details the policies, practices, and events utilized from 2015-2016 as TSTC’s program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

The DFSCA Committee met on November 17, 2016 to discuss and approve recommendations. Efforts will be made to strengthen weaknesses and focus on recommendations during the next biennial reporting cycle.

Appendix

Message sent to students:



Here are a few realities to consider:

- You can't predict the effect that a drug can have on you--especially if it's the first time you try it, and even if it's a small amount or dose. Everyone's brain and body chemistry are different. Everyone's tolerance for drugs is different.
- Using drugs can lead to abuse, addiction, serious health problems and even death.
- Drugs that are legal--prescription and over-the-counter (OTC) medications--can be just as dangerous as illegal drugs.

Find out as much as you can about illegal and legal drugs and their effects on your body and brain. The more informed you are, the more confidently you can make the right decision about drugs.

For a list of resources in your area, visit [the Portal](#).

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[Click here](#) for a copy of TSTC's Drug Free Schools, Campuses and Workplace Statewide Operating Procedure.

For more information:

http://www.tstc.edu/student_life/awareness

Message Sent to Employees:



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