

Drug Free Schools and Communities Act Biennial Review 2022-2024

November 2024

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Introduction to Drug-Free Schools & Communities' Regulations and Compliance Guidelines

The Drug-Free School and Communities Act Amendments of 1989, Public Law 101-226, as articulated in the Education Department General Administrative Regulations Part 86 - the Drug Free Schools Campuses Regulations requires that, as a condition of receiving funds or any other form of financial assistance under any deferral program, institution of higher education (IHE), state education agency (SEA), or local educational agency (LEA) must certify that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

Texas State Technical College (TSTC) is a drug-free school / workplace and certifies its compliance with regulations by adopting and implementing a drug prevention program that includes the following:

1. Annually notify each employee and student, in writing, of standards of conduct; a description of appropriate sanctions for violation of federal, state, and local law and campus policy; a description of health risks associated with alcohol and other drug (AOD) use; and a description of available treatment programs.

2. Develop a sound method for distributing annual notification information to every student and staff member each year.

3. Prepare a biennial review on the effectiveness of its AOD programs and the consistency of sanction enforcement.

4. Maintain its biennial review on file, so that, if requested to do so by the U.S. Department of Education, the campus can submit it.

The law further requires that the institution conduct a biennial review of its program with the following objectives:

• Determine the effectiveness of the policy and implement changes to the alcohol and other drug programs if they are needed; and

• Ensure that the sanctions developed are consistently enforced.

Research on Alcohol and Drug Use

Drug and alcohol use, misuse, and abuse are complex behaviors with many outcomes at both the cultural and the individual levels. Awareness of the dangerous effects of drug/alcohol use is imperative for an individual's well-being or survival. Negative consequences of drug/alcohol may be exhibited through physical dependence (the body's learned requirement of a drug for functioning) or psychological dependence (the experiencing of persistent craving for the drug and/or a feeling the drug/alcohol is a requirement for functioning) (Winters, 2004).

Abuse of any drug/alcohol whether licit or illicit may result in marginal to marked, temporary to permanent physical and/ or psychological damage, even death. Illicit drugs are manufactured and sold illegally without regulations; therefore, their content varies and they may contain harmful ingredients or dosage amounts.

Dependence on drugs and/or alcohol alters the user's psychological functioning where the acquisition of drugs and alcohol becomes the primary focus of the individual, often resulting in reduced job performance, social problems, and relationship issues. Criminal behavior is frequently the means for financing a drug habit. Behavior patterns often include violence and assault as the individual becomes increasingly drug/alcohol dependent. Social and psychological alienation and medical programs increase as the abuser becomes dependent on drugs/alcohol (Winters, 2004).

Drug/alcohol counseling and referrals are available at the offices of Counseling and Support Services. Information regarding substance abuse counseling is available for employees through the Employee Assistance Program. Information regarding the Employee Assistance Program is available at the Human Resources Office.

Health Risks Associated with Alcohol and Drug Usage

Information about health risks associated with alcohol and drug use can be found in Information pamphlets at the Office of Counseling, Advocacy Resource Center, Human Resources, workshops, and, Drug Free Workplace Notice with links for information regarding health risks are posted around campus.

| Drug Type | Common Name | Health Risks |
|-----------|---------------------------------------|---|
| Alcohol | Booze, beer, wine, coolers, liquor | High blood pressure, higher risk of sexually transmitted diseases & unplanned pregnancy, depression, lowered resistance to disease, insomnia |
| Marijuana | Grass, reefer, pot, weed | Damage to heart, lungs, brain, lung cancer, decreased motivation, depression, paranoia, impaired memory |

| Steroids | Anabolic/Andreno- genic (roids, juice) | High blood pressure, liver and kidney damage, acne, atrophy of testes, breast enlargement in men, breast reduction in women, aggressiveness, mood swings |
|--------------------|--|---|
| Solvents/Inhalants | Acetone, freons, nitrous, oxide | Heart failure, respiratory arrest, liver and brain damage |
| Depressants | Alcohol, ludes, barbiturates | Liver damage, convulsions, depression, disorientation, insomnia |
| Hallucinogens | PCP, LSD, angel dust, mushrooms | Agitation, extreme hyperactivity, reduced eating, flashbacks |
| Stimulants | Cocaine, crack, amphetamines, diet pills | Headaches, depression, malnutrition, anorexia, strokes, seizures |
| Narcotics | Smack, codeine, heroine, lords | Respiratory arrest, sleepiness, organ and lung damage, nausea |
| Tobacco | | Lung cancer, emphysema, oral cancer |

Excessive alcohol use has immediate effects that increase the risk of many harmful health conditions. These immediate effects are most often the result of binge drinking. Some of the immediate effects are unintentional injuries like traffic accidents, falls, drownings, burns and firearm injuries. Excessive alcohol use also increases risk of sexual behaviors, unintentional pregnancies, sexually transmitted infections, miscarriages, and birth defects. Alcohol poisoning, a medical emergency that results from high blood alcohol levels that suppress the central nervous system and can cause loss of consciousness, low blood pressure and body temperature, coma, respiratory depression, or death.

Furthermore, studies have shown that alcohol is a leading factor in child maltreatment and neglect cases, and is the most frequent substance used and abused by the parents involved in those cases. Studies show that about 35% of victims' reporting domestic violence stated that offenders were under the influence of alcohol. Furthermore, alcohol is associated with 2 out of 3 incidents of intimate partner violence.

Excessive alcohol use over a long period can lead to the development of medical problems including pancreatitis, gastritis, and cancers of the mouth, throat, esophagus, liver, colon, and breast. Liver diseases are common in those who abuse alcohol over long periods. Some of the liver diseases are alcoholic hepatitis and cirrhosis, which is the 15th leading cause of death in the United States. Excessive alcohol can also cause neurological

impairments, like dementia, stroke, and neuropathy, as well as cardiovascular problems, like myocardial infarction, cardiomyopathy, atrial fibrillation, and hypertension. Other effects from long-term excessive alcohol use are psychiatric problems, including depression, anxiety, and suicide, as well as social problems, like unemployment, lost productivity, and family problems.

AOD Program Goals

- i. Promote and educate students and employees about drugs and alcohol, including institutional and federal regulations, the health risks of abuse, and options for support and rehabilitation
- ii. Increase education to students specifically regarding new drug trends, as well as the consequences of use.
- iii. Work with Institutional Effectiveness to create a more efficient method to measure program effectiveness.
- iv. Work to increase awareness about the real-life consequences of drug and alcohol use on future careers/placement.

*goals are subject to change with committee approval

Current and Future Strategies

The 2022-2024 reporting period for this report utilized a blend of individual and institutional interventions.

Several departments play key roles in enforcing TSTC drug and alcohol policies, as well as providing alcohol and drug awareness education and support efforts at TSTC.

Individual approaches have included one-on-one intervention/guidance by Counseling, Student Rights and Responsibilities, Human Resources, Humana, Law Enforcement, and Security. These interventions may include education on the health consequences of AOD use; confidential screening, individual counseling to provide emotional support for circumstances that may cause AOD use as a coping mechanism; conduct redirection in the case of violations of the Student Code of Conduct or Employee Code of Conduct; and appropriate correction by law enforcement. Notification by Human Resources to all new employees during New Employee Orientation regarding all policies including Drug-Free Workplace. Substance abuse programming and substance abuse counseling is provided through Counseling and for employees through the Employee Assistance Program (EAP). Notification during New Student Orientation about the sanctions and policies regarding Drug-Free Schools.

Environmental approaches utilized by TSTC to teach students and employees have included educational events, workshops, and guidance into applicable rehabilitative resources. All events are alcohol-free, which encourages the "normalization" of alcohol and drug-free behaviors. These methods strive to spur the campus community to generate structural and systemic changes that will reduce or prevent AOD use. The program also encourages individuals to alter their behavior while providing them with tangible and supportive resources to do so.

The program utilized a survey during the last biennial report. However, The Office of Institutional Effectiveness recommended we created more an efficient and strategic way to measure the program effectiveness.

The DFSCA Statewide Committee with continue to work with Institutional Effectiveness to create program measures that align with the college.

During this biennial cycle, we worked to broaden the DFSCA committee by including the Director of our statewide behavioral intervention team. We plan to add a representative from Institutional Effectiveness during the next biennial cycle. We continue to strive to increase DFSCA compliance efforts by refining communication, sharing information and resources, and nurturing improved methods toward DFSCA goals. During this past biennial cycle, we offered virtual statewide events on drug and alcohol education every semester for students and employees, while also incorporating in person events post Covid.

Current Policies

Texas State Technical College (TSTC) is a drug-free and alcohol-free college and workplace. The unlawful manufacturing, distribution, purchase, dispensation, possession or use of an illegal drug or alcohol on campus or at any college-sponsored event is prohibited for students and employees, unless TSTC declares an exemption. Students or student organizations who violate any provision of the drug and alcohol policy are subject to disciplinary sanctions ranging from suspension to referral for prosecution. Employees who violate any provision of the drug and alcohol policy may be subject to disciplinary action up to termination. The current policies for students and employees are linked below.

Policies and Statements

Standards of conduct prohibiting the unlawful possession, use, or distribution of drugs or alcohol:

- 1. "Drug Free School" page of TSTC Website
- 2. "Drug Free School" page on the Portal
- 3. Student Catalog & Handbook (Student Code of Conduct)
- 4. Employee Drug and Alcohol Abuse and Prevention Awareness pamphlet(s)

Applicable Sanctions

Information regarding sanctions is available in the Drug Free School Campuses and the Workplace Policy, Employee Conduct Procedures, Campus Security Report, and the Student Code of Conduct.

- 1. SOS 3.08 Drug Free School Campuses and the Workplace
- 2. Campus Awareness & Campus Security Report
- 3. Student Code of Conduct (located in the Student Catalog & Handbook)

a. Possible Alcohol Sanctions (found on page 62 of Handbook) i. Probation ii. Online Under the Influence education course iii. Workshops iv. Removal from campus living facilities v. Suspension vi. Expulsion

b. Possible Drug Sanctions (found on page 62 of Handbook)

i. Probation

ii. Online Marijuana 101 education course

iii. Workshops

iv. Removal from campus living facilities

v. Suspension

vi. Expulsion

4. Possible legal sanctions-MIP/PI/DUI/Possession

a. Minor in Possession (MIP): Consuming or possessing an alcoholic beverage by a minor except in the visible presence of the minor's adult parent, guardian, or spouse. Class C Misdemeanor.

b. Public Intoxication (PI): Appearing in a public place while intoxicated so much that 9 the person may endanger him/herself or another person. Class C Misdemeanor.

c. Driving Under the Influence (DUI): A minor operating a motor vehicle in a public place while having any detectable amount of alcohol in his/her system. Class C Misdemeanor.

d. Driving While Intoxicated (DWI): Operating a motor vehicle, aircraft, or watercraft in a public place while intoxicated. Class B Misdemeanor.

e. Possession of Marijuana i. Min: confinement in jail for the term of not more than 180 days, a fine not to exceed \$2000, or both

f. Possession of Controlled Substance (drugs) i. Min: Confinement in jail for a term of not more than 180 days, a fine not to exceed \$2000, or both Additional Laws

g. Providing Alcohol to a Minor or Purchasing Alcohol for a Minor: Class A Misdemeanor

h. Open Container of Alcohol in a Motor Vehicle: Class C Misdemeanor

i. Possession of a Dangerous Drug (prescription medication that was not prescribed to you): Class A Misdemeanor

j. Providing a Dangerous Drug to Another Person: State Jail Felony Penalties:

i. Class C Misdemeanor: Can include fine up to \$500, community service, alcohol education classes, and 30 day up to 180 day driver's license suspension.

ii. Class B Misdemeanor: Can include fine up to \$2000, community service, and 72 hour minimum confinement.

iii. Class A Misdemeanor: Can include fine up to \$4000, up to 1 year in jail, and 180 day driver's license suspension.

iv. State Jail Felony: Can include fine up to \$10,000 and 180 days to 2 years in jail.

v. Third degree Felony: Can include up to \$10,000 and 1 year up to 10 years in jail

vi. Second degree Felony: Can include up to up to \$10,000 and 2 years to 20 years in jail. All Drug Related offenses committed within a Drug-Free Zone will be enhanced to the penalty to the next highest penalty classification. Texas State Technical College is an Institution of Higher Education and a DrugFree Zone.

Supportive Resources

At TSTC, we provide a plethora of ways students and employees can learn about the effects of substance abuse, substance abuse counseling, treatment, and rehabilitation programs.

Health Risks Associated with Alcohol and Drug Usage

- 1. Employee Drug and Alcohol Abuse and Prevention and Awareness pamphlet
- 2. Student Handbook
- 3. SOS 3.08 Drug Free School Campuses and the Workplace

4. Educational programming that provides information about resources available, as well as awareness about the consequences of AOD use, health risks, and resources available for treatment for students and employees.

5. Rack cards regarding "Important Decision Making" related to the health risks of using drugs and alcohol are sent over every semester to the email of every currently enrolled student and the rack card is posted to the portal for employee consumption.

Drug Alcohol Counseling, Treatment, or Rehabilitation Programs

1. Employee Drug and Alcohol Abuse and Prevention and Awareness pamphlet

2. Student Handbook

3. Various pamphlets available at the Counseling Office related to alcohol and drug usage.

4. Counseling, workshops, online courses, and external referrals for further treatment available.

5. 3rd Millennium Classrooms (Under the Influence and Marijuana 101)

6. Substance abuse counseling and psychoeducation is available for students through the Retention Services – Counseling Office. The treatment program consists of Cognitive Behavioral Therapy lasting 6-12 sessions or sessions using the Living in Balance curriculum, focusing on the underlying causes of the addiction and relapse prevention planning. Employees can obtain substance abuse education, counseling, and Safe Rides through the Employee Assistance Program.

7. Annual notification from Human Resources about the Employee Assistance Program

8. Drug Free Work Place notices posted throughout campus.

9. Referrals to local entities that provide substance abuse treatment and rehabilitation.

Campus Interventions 2022-2024

The following list of events are the interventions used to educate students and employees about drug and alcohol use. During this biennial cycle, we were able to provide virtual and in-person events.

| Date | Topic | Location/Audience |
|------------|-----------------------------------|------------------------|
| 10/5/2022 | Domestic Violence Awareness Event | Harlingen- Employees |
| | | and Students |
| 10/25/2022 | Love is Not Abuse | Virtual Statewide- |
| | | Employees and Students |
| 11/15/2022 | Missing Money: Exploring the | Virtual Statewide- |
| | Career Impact of Drug Use | Employees and Students |
| 11/16/2022 | How to Cope with Winter Blahs and | Virtual Statewide- |
| | Holiday Stress | Employees and Students |
| 2/8/2023 | Love is Not Abuse | Virtual Statewide- |
| | | Employees and Students |
| 3/8/2023 | Spring Break Safety Fest | Harlingen- Employees |
| | | and Students |
| 3/29/2023 | Spring Safety Bash | Fort Bend County- |
| | | Employees and Students |
| 5/8/2023 | Motivational Monday | Fort Bend County- |
| | | Employees and Students |
| 9/12/2023 | Suicide Prevention and Awareness | North Texas- Employees |
| | Event | and Students |
| 9/12/2023 | Suicide Prevention and Awareness | Fort Bend-Employees |
| | Event | and Students |
| 9/13/2023 | Suicide Prevention and Awareness | Harlingen-Employees |
| | Event | and Students |
| 9/13/2023 | Suicide Prevention and Awareness | Marshall-Employees and |
| | Event | Students |
| 9/18/2023 | Suicide Prevention and Awareness | Abilene- Employees and |
| | Event | Students |
| 9/19/2023 | Suicide Prevention and Awareness | Sweetwater- Employees |
| | Event | and Students |
| 10/16/2023 | Meet & Treat: Fort Bend Retention | Fort Bend-Employees |
| | Services | and Students |

| 10/17/2022 | | |
|------------|------------------------------------|------------------------|
| 10/17/2023 | Don't Make Pour Decisions: Alcohol | Virtual Statewide- |
| | Abuse Awareness Event | Employees and Students |
| 10/19/2023 | Love is Not Abuse | Statewide-Employees |
| | | and Students |
| 10/20/2023 | Collegiate Drug and Alcohol | Statewide- Employees |
| | Awareness | |
| 10/24/2023 | Mini Wellness Fair | Fort Bend- Employees |
| | | and Students |
| 10/31/2023 | Less Drinking More Thinking | Harlingen- Employees |
| 10,01,2020 | | and Students |
| 02/13/2024 | Community Resource Fair | Fort Bend- Employees |
| 02/13/2021 | Community Resource Full | and Students |
| 02/14/2024 | Community Resource Fair | Harlingen-Employees |
| 02/14/2024 | Community Resource Pair | and Students |
| 02/14/2024 | Community Descures Fair | |
| 02/14/2024 | Community Resource Fair | Marshall- Employees |
| | | and Students |
| 02/27/2024 | Smart Break: Stay Safe During | Virtual Statewide- |
| | Spring Break | Employees and Students |
| 03/05/2024 | Wellbeing and Self Care During | Harlingen- Employees |
| | Spring Break | and Students |
| 04/05/2024 | Sexual Assault Awareness | Virtual Statewide- |
| | | Employees |
| 05/14/2024 | Mental Health Awareness Event | Harlingen-Employees |
| | | and Students |
| 05/21/2024 | Mental Health Awareness Event | Fort Bend-Employees |
| | | and Students |
| 05/31/2024 | Psychosis on Campus: Mental Health | Virtual Statewide- |
| | Awareness Event | Employees and Students |
| | | Employees and Students |

Ongoing Education

- Counseling, Student Rights and Responsibilities, and other departments collaborate to provide educational virtual and in person sessions every year to educate and provide resources related to AOD usage, consequences, and treatment.
- The Counseling Department provides psychoeducation individually concerning substance use to TSTC students.
- The Employee Assistance Program offers substance use education to employees statewide.

Statewide Efforts

The DFSCA Committee includes a representative from each campus and will assist to improve DFSCA compliance efforts across the state of Texas by enhancing communication, sharing knowledge and resources, and developing improved procedures toward DFSCA goals. Additionally, the committee will assess future TSTC AOD prevention and education efforts that fully comply with the DFSCA requirements.

DFSCA Statewide Committee Members for 2022-2024

Adele Clinton- Vice President of Retention Services, Statewide- Chair Justice Johnson, Counselor, Fort Bend- Co-Chair Rebeca Villanueva- Senior Manager of Campus Enrollment, Harlingen- Member Chemese Armstrong-Senior Manager of Campus Enrollment-East Williamson County Member Griselda Sanchez- Student Development Specialist, West Texas- Member Hector Yanez- Vice President of Instructional Support, Statewide- Member Janette Gomez- Senior Student Development Specialist, Harlingen- Member Michael Salinas- Police Sergeant, Harlingen- Member Forrest McMillan- CARE Team and Student Conduct Statewide Lead, Statewide- Member Michelle Atkinson-Senior Manager of Campus Enrollment, Marshall and Fort Bend-Member Gloria Ruiz- Police Lieutenant, Harlingen-Member Maria Aguirre- Senior Director of Communication and Creative Services, Statewide-Member Edda Urrea- Senior Executive Director, Human Resources Administration, Statewide-Member Edurado Patino- Chief of Police. Statewide-Member Roman Proctor- Police Lieutenant, Waco- Member Eduardo Beccerra- Police Sergeant, Harlingen-Member

Student Violation Statistics

*A listing of statistics by campus can be found in Appendix I.

September 2022- August 2024 Statewide

| Total Alcohol Cases: 206 | Total Drug Cases: 111 |
|---------------------------|-----------------------------|
| Cleared 54 | Cleared 44 |
| Warne d | Warne d |
| 91 | 36 |
| Alcohol Aware ness Course | Drug Awareness Course 32 |
| Probation | Probation |
| 22 | 17 |
| Suspended 1 | Suspende d/Expelle d 4 |
| Discipline Hold | Discipline Hold |
| 3 | 1 |

Summary of AOD Program's Strengths and Weaknesses

Strengths:

- Substance abuse counseling available through the Retention Services- Counseling office for students and through the Employee Assistance Program for employees.
- Intentionally provide information and education on how substance and alcohol related criminal charges can affect career placement
- Drug/Alcohol awareness programming hosted by Retention Services
- Alliances with outside agencies to provide programming for students and employees and referrals for treatments.
- Annual notification about the Employee Assistance Program.
- Signage posted throughout campus regarding the Drug-Free Workplace and related available resources.
- Notification to all new employees about the Drug Free Workplace Policy at New Employee Orientation.
- Email message sent to students regarding "Making Informed Decisions" once a semester and announcement to employees on portal each semester.
- Diverse Committee Members
- During the last biennial cycle, our online college was established, and we have virtual events to educate and include them in our programming.

Weaknesses:

• We need to collaborate with Institutional Effectiveness to create an anonymous assessment to measure our program effectiveness.

Recommendations

- 1. Continue providing educational opportunities including the relatable consequences of drug and alcohol use and constantly changing our topics to including new trends on alcohol and substance use.
- 2. The Office of Institutional Effectiveness recommended that the college finds an anonymous and more efficient assessment for our measurement of the program.
- 3. Continue to update and include new drug trends into our education that we provide to students, faculty, and staff.

Summary

In compliance with the Drug Free Schools and Communities Act, this report specifies the events, policies, and methods used in TSTC's program to stop the unlawful possession, use, or distribution of illegal drugs and alcohol by students and employees from September 1, 2022 to August 31, 2024.

The DFSCA Committee convened on August 15th, 2024 to confer and accept recommendations. Intentional efforts will be made to improve our areas of growth and focus becoming more efficient during the next biennial reporting cycle. If the recommendations are not achieved, they will be addressed during the biennial year with further strategies to guarantee they are met.

References

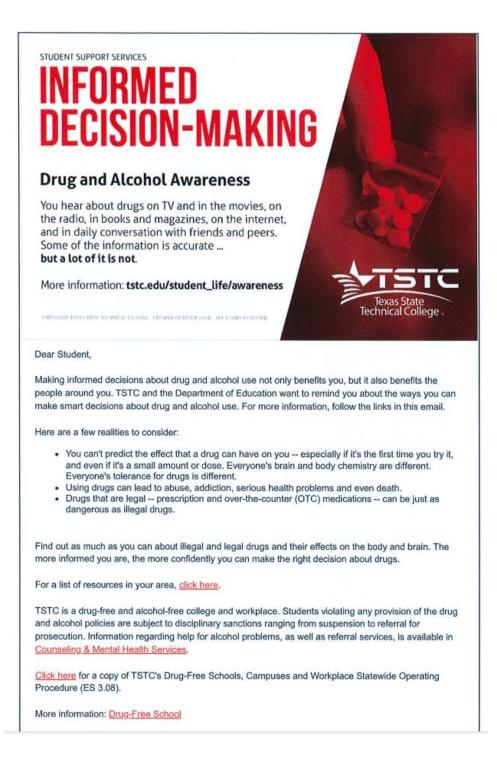
Winters, K.C (2004, August). Assessment of alcohol and other drug use behaviors among adolescents. National Institute on Alcohol Abuse and Alcoholism. Retrieved from <u>Diagnosis and Assessment of Alcohol Use Disorders Among Adolescents - PMC</u>

Centers for Disease Control and Prevention. Fact Sheets – Alcohol Use and Your Health. Centers for Disease Control and Prevention. Retrieved from <u>https://www.cdc.gov/alcohol/fact-sheets/alcohol-use.htm</u>

Appendix

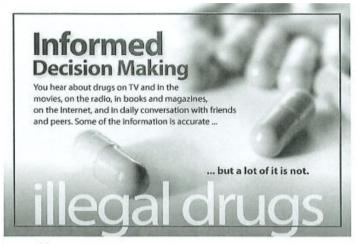
Appendix A

Message to Students



Appendix B:

Message to Employees



Here are a few realities to consider:

- You can't predict the effect that a drug can have on you--especially if it's the first time you try it, and
 even if it's a small amount or dose. Everyone's brain and body chemistry are different. Everyone's
 tolerance for drugs is different.
- Using drugs can lead to abuse, addiction, serious health problems and even death.
- Drugs that are legal--prescription and over-the-counter (OTC) medications--can be just as dangerous as illegal drugs.

Find out as much as you can about illegal and legal drugs and their effects on your body and brain. The more informed you are, the more confidently you can make the right decision about drugs.

For a list of resources in your area, visit the Portal.

Texas State Technical College (TSTC) is a drug-free and alcohol-free college and workplace. The unlawful manufacture, distribution, purchase, dispensation, possession or use of an illegal drug or alcohol by students and employees on college property, or as a part of any college-sponsored activity, is prohibited. Students violating any provision of the drug and alcohol policies are subject to disciplinary sanctions ranging from suspension to referral for prosecution. Employees who violate any provision of the drug and alcohol policies may be subject to disciplinary action up to termination. Information regarding drug and alcohol problems, as well as referral services, is available in the <u>Advocacy Resource Center</u> and for employees please see the <u>Human Resources Office</u> portal page.

Click here for a copy of TSTC's Drug-Free Schools, Campuses and Workplace Statewide Operating Procedure.

For more information: Drug Free School

Appendix C

Counseling Services Brochure



TSTC Counseling Services

Texas State Technical College is committed to bolstering the wellness of its students and helping them find an optimal and safe environment in which to grow, develop and reach their full potential.

Counselors can promote positive mental health for improved personal, career and academic growth. In counseling, you can receive assistance from a caring professional who is not directly impacted by how you live your life or the choices you make. Regardless of what you share, our experienced counseling staff is on your side.

TSTC's counseling services are available for all currently enrolled TSTC students at all campus locations. Walkins are welcome, but having counseling sessions is dependent upon availability. If another student has an appointment, they will take precedence over any walkins except in a crisis situation.

Counseling services include:

- Career counseling.
- Individual and group counseling.
- Mediation.
- Referral to outside agencies.
- Workshops.

Potential topics include but are not limited to:

- Adjusting to college life.
- Anger management.
- Conflict resolution.
- Depression and sadness.
- Family concerns.
- Grief and loss.
- Loneliness or isolation.
- Relationship issues.
- Self-harming behavior.
- Sexual assault.
- Sexual identity.
- Stress and anxiety.
- Test anxiety.

Appendix D

Advocacy and Resource Center Rack Card



To promote a Texas-Sized Care at Texas State Technical College, we are dedicated to addressing student-defined needs, eliminating barriers, and doing Whatever It Takes to help our students reach success.

The ARC provides a range of assistance for students:

- Child care.
- · Clothing.
- · Counseling.
- · Food.
- Housing assistance.
- Medical.
- Transportation.
- · Utility bill assistance.

For more information, scan the QR code or see your campus Advocacy & Resource Center representative today.





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Appendix E

Student Rights & Responsibilities Rack Card

THE OFFICE OF STUDENT RIGHTS & RESPONSIBILITIES

WHAT IS SR&R?

SR&R guides and supports students in addressing a broad spectrum of issues that may act as barriers to their success and personal development as members of the TSTC community.

HOW DO WE HELP?

- Educate students on how to exercise their rights and responsibilities in regard to their relationship with the college.
- Promote and support a safe community atmosphere conducive to academic success.
- Uphold the college expectations by conducting impartial investigations regarding violations
 of the TSTC Student Code of Conduct.
- Help students navigate the Grievance and Complaint policy.
- Address student concerns related to TSTC policy on Prohibiting Sexual Misconduct and Gender-Based Discrimination (HR 2.4.15). This policy includes:
 - ★ Dating violence, domestic violence, sexual assault, stalking, sexual violence, sex or gender discrimination, other acts of sexual misconduct, and retaliation.
- In addition, the SR&R office responds to other Title IX matters such as pregnancy or parenting.
- Advocate for student rights and success!

Have something you'd like to report? Scan this QR code.



Need quick access to the Student Handbook? Scan this QR code.



If you have questions about how to utilize any of our services, please email us at students.rr@tstc.edu or contact your campus representative at the numbers listed below:

Abilene, Breckenridge, Brownwood and Sweetwater 325-235-7311

East Williamson County and Waco 254-867-3925 Fort Bend County and Harlingen 956-364-4383

Marshall and North Texas 903-923-3242



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Appendix F

Event Flyers



CHEMICAL DEPENDENCY COUNSELING, COUNSELING & MENTAL HEALTH SERVICES, AND STUDENT RIGHTS & RESPONSIBILITIES

SMART BREAK: STAYING SAFE DURING SPRING BREAK

Join the discussion on drug awareness and how to make smart choices during spring break.

Tuesday, February 27 Noon



Scan here to join the discussion.

tstc.edu

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Join Us on Wednesday November 16th at noon

How to Cope With Winter Blahs and Holiday Stress



https://meet.google.com/ayt-bkmb-ups



SPRING BREAK SAFETY LUAU

JOIN US FOR FUN, FOOD, AND GAMES!

LEARN ABOUT: CONSEQUENCES OF DRUGS AND ALCOHOL SEXUAL ASSAULT AWARENESS SAFETY PLANNING

Location: Student Center, VIP Room Date: Wednesday, March 8th Time: 11:00 am - 1:00 pm



COUNSELING



MISSING MONEY: Exploring the Career Impact of Drug Use

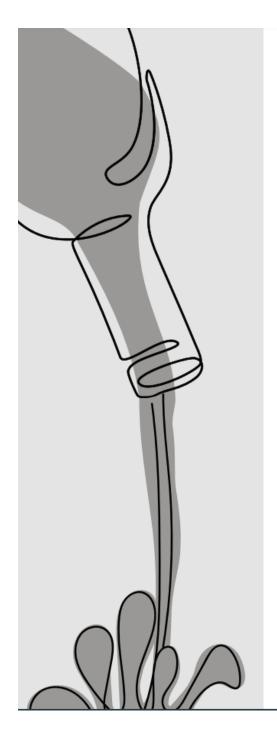
Tuesday, November 15, 11 a.m. Virtual: tstc.edu/meet-missingmoney

Join this informational session to learn about the effects and consequences of drug and substance abuse in careers.

To request disability accommodations, please contact the Access and Learning Accommodations Office at 254-867-3842 or adarequest@tstc.edu at least one week prior to the event date.

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DON'T MAKE POUR DECISIONS

A TSTC Alcohol Abuse Awareness Event

Tuesday, October 17 Noon-1 p.m.

Counseling and Student Rights & Responsibilities will host a discussion to raise awareness about the often hidden consequences and effects of alcohol abuse.



To join this virtual event, scan here or visit: tstc.edu/awareness



JOIN US ON MARCH 5TH FROM 11 AM TO 1 PM AT THE STUDENT CENTER FOR FUN. GAMES, AND TO LEARN MORE ABOUT INCREASING WELL-BEING AND SELF-CARE DURING SPRING BREAK.

RESOURCE FAIR

WEDNESDAY, FEBRUARY 14 11 A.M.-1 P.M. STUDENT CENTER

TEXAS STATE TECHNICAL COLLEGE 1902 NORTH LOOP 499 HARLINGEN, TX 78550

Come and learn about your community! Free food will be provided for current TSTC students.

tstc.edu

To request disability accommodations, please contact the Access and Learning Accommodations Office at 254-867-3842 or adarequest@tstc.edu at least one week prior to the event date.

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RESOURCE FAIR

TUESDAY, FEBRUARY 13 10:30 A.M.-1 P.M. INDUSTRIAL TECHNOLOGY CENTER

TEXAS STATE TECHNICAL COLLEGE 26706 SOUTHWEST FREEWAY ROSENBERG, TX 77471

Come and learn about your community! Free snacks will be provided for current TSTC students.

tstc.edu

OPIOID OVERDOSE EDUCATION AND PREVENTION

LEARN TO ADMINISTER NARCAN

HTTPS://MEET.GOOGLE.COM/BEX-BJVK-JEI FRIDAY, OCTOBER 20TH AT 9 AM

Appendix G

Drug Free Policy and EAP Information for Employees



- Marijuana Use
- Increased testosterone levels in women

Health Risks Associated with the Use

- Brain seizures
 Hepatitis or AIDS through sharing needles
 Decreased ability to combat infections
- Anxiety and depression

- Heart and lung failure
 Depression, anxiety and paranoia Violent behavior

Abuse

- Increased risk of liver cancer and cirrhosis of the liver
 Increased risk of heart disease
- Adverse reactions when combined with many medications, including over-the-counter drugs
 Overdose resulting in respiratory failure
 Impaired concentration and coordination
- Risk of permanent nerve damage from long-term abuse

Available Drug & Alcohol Counseling & Treatment

Coverage may be provided by some employees' medical and health plans. TSTC also offers an Employee Assistance Program (EAP) in coordination with Humana.

An Employee Assistance Program is a CONFIDENTIAL counseling service designed to assist employees and their families. A trained counselor is available 24/7, 365 days of the year to assist you.

To make an appointment or for more informatio on services, call Humana at 1-855-330-5704 or log on to humana.com/eap.

Let us the second of the second seco





Drug & Alcohol ABUSE, PREVENTION & AWARENESS

YTSTC

Texas State



This brochure has been designed to meet the informational requirements of the Drug Free Schoo and Campuses Act. **H** you have any questions or if you need more information, please contact Huma Resources at 254-867-4810.

Drug Free Schools & Campuses Act

The Drug Free Schools and Campuses Act is a federal law that requires institutions of higher learning to distribute annually comprehensive information about the institution's policies regarding the use or abuse of alcohol or illicit drugs on school property or as part of any sch regarding the Use or abuse of account of mitch drugs on school property or as part of any school activity. Institutions that do not comply with this act are not eligible to receive funds or financial assistance from the U.S. Government.

Standards of Conduct Concerning Drug & Alcohol Abuse Prevention

Drug and alcohol abuse in the workplace affects everyone. Drug and alcohol users are less productive, more likely to be involved in an on-the-job accident and are more likely to make mistakes. Consider these statistics based on a nationwide sample

- 3 or precent of the workforce uses drugs or abuses alcohol.
 Substance abusers are 3-4 times more likely to be involved in an on-the-job accident.
- Substance abusers are 25 percent less productive than non-abusing employees.

Texas State Technical College is committed to create and maintain a safe, healthy and drug-free environment for educational and work experience purposes. The College seeks to ensure work and learning environments free of the unlawful possession, use or distribution of illicit drugs and alcohol.

General Prohibition Policies

Illicit Drugs Policy

The unlawful manufacture, distribution, purchase, dispensation, sale, or use of an illicit or illegal drug or controlled substance by a student or employee is prohibited at TSTC on its property or at any of its activities. Any such action will be reported to appropriate law enforcement officers and will result in sanctions being imposed against the employee or student.

Unlawful Use of Alcohol Policy

The unlawful possession, use or distribution of alcohol by students and employees on TSIC prop-erty or as part of TSIC activities is porhibited. Any such action will be reported to appropriate law enforcement officers and will result in sanctions being imposed against the employee or student.

The use of alcohol by employees or students The use of alcohol by employees of students during working hours, class hours or while on school premises or property is prohibited. The use of alcohol by employees or students while per-forming school activities or business is prohibited unless specifically authorized by the President of the College.

"Under The Influence" Policy

All employees and students are prohibited from being under the influence of a controlled sub-stance illicit drug or alcohol during working hours, class hours, on TSTC premises or as part of any of the school's activities except for the legal use of a controlled substance prescribed by a licensed physician which shall be used only in the manner, combination and quantity prescribed and which shall only be used by the person to whom it is prescribed.

State Wide Operating Standards (from No. ES 3.08, Drug Free Schools and

Campuses and Workplace)

It shall be the duty and responsibility of any employee, supervisor or administrator to report any violation of this Campus Operating Procedure to the appropriate parties.

All employees who violate policy may be subject to disciplinary action and sanctions, including termination, according to TSIC System Operating Standards (Please reference SOS HR 2.4.1 (Employe Corrective Action*)

As a condition of employment at TSIC, employees must abide by the terms of the policy and procedure. Including notifying their employer of any criminal drug statue conviction for a violation occurring in the workplace no later than five days after conviction.

An employee or student may be referred to an assistance program and may be requested to participate in and satisfactorily complete a chemical abuse program.

Legal Sanctions for Illicit Drugs and Alcohol

State and federal laws prohibit the use, distribution State and Tederal laws prohibit the use, distribution and possession of illegal duags. State law prohibits the sale or distribution of alcohol to any person under the age of 21. State law also prohibits operating a motor whicle while under the influence of drugs or alcohol. Violating these laws may lead to conviction and incarceration in the criminal justice system.

TSTC

Appendix H

Drug and Alcohol Case Data by Campus and Semesters

Semester: Fall 2022 Campus: Fort Bend

| Total Alcohol Cases: 0 | Total Drug Cases: 0 |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 0 | 0 |
| Warned | Warne d |
| 0 | 0 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 0 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Fall 2022 Campus: Harlingen

Total Alcohol Cases: 0

| Cleared 0 | Cleared 0 |
|-------------------------------|----------------------------|
| Warned | Warne d |
| 0 | 0 |
| Alcohol Awareness Course 0 | Drug Awareness Course 2 |
| Probation | Probation |
| 0 | 2 |
| Suspended | Sus pended/Expelled |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Fall 2022 Campus: Hutto

| Total Alcohol Cases: 0 | Total Drug Cases: 0 |
|--------------------------|-------------------------|
| Cleared | Cle are d |
| 0 | 0 |
| Warned | Warned |
| 0 | 0 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 0 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Fall 2022 Campus: Marshall

Total Alcohol Cases: 7

| Cleared 1 | Cleared 1 |
|--------------------------|-------------------------|
| Warned | Warned |
| 0 | 0 |
| Alcohol Awareness Course | Drug Awareness Course |
| Probation | Probation |
| 2 | 3 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Fall 2022 Campus: North Texas

| Total Alcohol Cases: 0 | Total Drug Cases: 0 |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 0 | 0 |
| Warned | Warne d |
| 0 | 0 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 0 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |
| | |

Semester: Fall 2022 Campus: Waco

Total Alcohol Cases: 10

| Cleared | Cleared 0 |
|-------------------------------|----------------------------|
| 6 Warned | 0 Warne d |
| 3 | 1 |
| Alcohol Awareness Course 0 | Drug Awareness Course 0 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pende d/Expelle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 1 | 0 |

Semester: Fall 2022 Campus: Sweetwater

| Total Alcohol Cases: 1 | Total Drug Cases: 5 |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 1 | 1 |
| Warned | Warne d |
| 0 | 1 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 2 |
| Probation | Probation |
| 0 | 3 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | |
| Discipline Hold | Discipline Hold |
| 0 | |
| | |

Semester: Fall 2022

Campus: Abilene, Breckenridge, Brow

| Total Alcohol Cases: 0 | Total Drug Cases: 0 |
|--------------------------|----------------------------------|
| Cleared | Cle are d |
| 0 | |
| Warned | Warne d |
| 0 | 0 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 0 |
| Probation | Probation |
| 0 | 0 |
| Susmandad | Sus non do d <i>/E</i> rmo llo d |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Summer 2023 Campus: Waco

| Total Alcohol Cases: 8 | Total Drug Cases: 6 |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 0 | 0 |
| Warne d | Warne d |
| 8 | 6 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 2 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |
| | |

Semester: Spring 2023 Campus: Waco

Total Alcohol Cases: 24

| | Total Drug Cases14 |
|--------------------------|------------------------------|
| Cleared | Cleared |
| 3 | 0 |
| Warned | Warne d |
| 16 | 1 |
| Alcohol Awareness Course | Drug Awareness Course |
| 5 | 2 |
| Probation | Probation |
| | |
| 5 | 2 |
| - | - |
| Suspended | Sus pe nde d/Expe lle d |
| Suspended O | Sus pe nde d/Expe lle d 0 |
| Suspended | Sus pe nde d/Expe lle d |
| Suspended O | Sus pe nde d/Expe lle d 0 |

Semester: Summer 2023 Campus: Harlingen

| Total Alcohol Cases: 2 | Total Drug Cases: 2 |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 0 | 0 |
| Warned | Warned |
| 2 | 2 |
| Alcohol Awareness Course | Drug Awareness Course |
| 2 | 2 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 1 | 0 |
| | |

Semester: Spring 2023 Campus: Harlingen

Total Alcohol Cases: 8

| Cleared | Cleared |
|-------------------------------|----------------------------|
| 6 | 0 |
| Warned | Warne d |
| 2 | 1 |
| Alcohol Awareness Course 0 | Drug Awareness Course 0 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Summer 2023 Campus: Marshall

| Total Alcohol Cases: | 3 |
|-----------------------------|---|
|-----------------------------|---|

Total Drug Cases: 0

| Cleared 2 | Cleared 0 |
|--------------------------|----------------------------|
| Warned | Warne d |
| 1 | 0 |
| Alcohol Awareness Course | Drug Awareness Course 0 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pended/Expelled |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Spring 2023 Campus: Marshall

Total Alcohol Cases: 8

| | gg |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 1 | 0 |
| Warned | Warne d |
| 6 | 6 |
| Alcohol Awareness Course | Drug Awareness Course |
| 1 | 3 |
| Probation | Probation |
| 0 | 2 |
| Susmanda d | Suspended/Exmelled |
| Suspended | Sus pe nde d/Expe lle d |
| 1 | 2 |
| | |
| Discipline Hold | Discipline Hold |
| Discipline Hold 0 | Discipline Hold 0 |

Semester: Fall 2023 Campus: Harlingen

| Total Alcohol Cases: 13 | Total Drug Cases: 4 |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 3 | 1 |
| Warned | Warne d |
| 9 | 1 |
| Alcohol Awareness Course | Drug Awareness Course |
| 1 | 2 |
| Probation | Probation |
| 1 | 1 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Fall 2023 Campus: Waco

Total Alcohol Cases: 18

| Total Heolioi Cusesi 10 | form brug cuscor [] |
|--------------------------|-----------------------|
| Cleared | Cleared |
| 2 | 5 |
| Warned | Warne d |
| 13 | 6 |
| Alcohol Awareness Course | Drug Awareness Course |
| 1 | 1 |
| Probation | Probation |
| 3 | 0 |
| Suspended | Suspended/Expelled |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Fall 2023 Campus: West Texas

| Total Alcohol Cases: 0 | Total Drug Cases: 1 |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 0 | 1 |
| Warned | Warne d |
| 0 | 0 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 0 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Fall 2023 Campus: Marshall

Total Alcohol Cases: 15

| Cleared 8 | Cleared 9 |
|-------------------------------|-----------------------|
| Warned | Warne d |
| 5 | 1 |
| Alcohol Awareness Course 5 | Drug Awareness Course |
| Probation | Probation |
| 1 | 1 |
| Suspended | Sus pended/Expelled |
| 0 | 1 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Spring 2024 Campus: Harlingen

| Total Alcohol Cases: 2 | Total Drug Cases: 5 |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 1 | 2 |
| Warne d | Warne d |
| 1 | 3 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 3 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Spring Campus: Waco

Total Alcohol Cases: 26

| Total | Drug | Cases: | 9 |
|-------|------|--------|---|
| rotar | Diug | Cuses. | • |

| Total Alcohol Cases: 20 | Total Drug Casesto |
|--------------------------|-----------------------|
| Cleared | Cleared |
| 0 | 0 |
| Warned | Warne d |
| 19 | 6 |
| Alcohol Awareness Course | Drug Awareness Course |
| 12 | 2 |
| Probation | Probation |
| 4 | 1 |
| Suspended | Suspended/Expelled |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Spring 2024 Campus: Marshall

| Total Alcohol Cases: 8 | Total Drug Cases: 4 |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 2 | 2 |
| Warned | Warne d |
| | 0 |
| Alcohol Awareness Course | Drug Awareness Course |
| 6 | 2 |
| Probation | Probation |
| 2 | 1 |
| Suspended | Sus pe nde d/Expe lle d |
| | 0 |
| Discipline Hold | Discipline Hold |
| | 0 |
| | |

Semester: Spring 2024 Campus: West Texas

| Total Alcohol Cases: 5 | Total Drug Cases: 2 |
|--------------------------|-------------------------|
| Cleared | Cleared 0 |
| Warned | Warne d |
| 2 | 1 |
| Alcohol Awareness Course | Drug Awareness Course |
| • | 0 |
| Probation | Probation |
| 2 | 0 |
| Suspended | Sus pe nde d/Expe lle d |
| | 1 |
| Discipline Hold | Discipline Hold |
| | 0 |

Semester: Summer 2024 Campus: Harlingen

| Total Alcohol Cases: 1 | Total Drug Cases: 2 |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 0 | 1 |
| Warned | Warne d |
| 1 | 0 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 1 |
| Probation | Probation |
| 0 | 1 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |
| | |

Semester: Summer 2024 Campus: Waco

Total Alcohol Cases: 26

| 20 | |
|--------------------------|-------------------------|
| Cleared | Cleared |
| 5 | 4 |
| Warned | Warne d |
| 18 | 4 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 1 |
| Probation | Probation |
| 4 | 1 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| | |
| 0 | 0 |

Semester: Summer 2024 Campus: Marshall

Total Alcohol Cases: 24

Total Drug Cases: 1

| Cleared 11 | Cleared 0 |
|--------------------------------|-------------------------|
| Warne d | Warne d O |
| Alcohol Awareness Course 12 | Drug Awareness Course |
| Probation | Probation |
| 3 | 0 |
| Suspended | Sus pe nde d/Expe lle d |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |

Semester: Summer 2024 Campus: West Texas

Total Alcohol Cases: 0

| Total . Inconor cuscar o | Total Drug Casesi O |
|--------------------------|-----------------------|
| Cleared | Cleared |
| 0 | 0 |
| Warned | Warne d |
| 0 | 0 |
| Alcohol Awareness Course | Drug Awareness Course |
| 0 | 0 |
| Probation | Probation |
| 0 | 0 |
| Suspended | Sus pended/Expelled |
| 0 | 0 |
| Discipline Hold | Discipline Hold |
| 0 | 0 |
| | |